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HIKING/BIKING CLUB NEWSLETTER

SEPTEMBER 2026

UPCOMING SEPTEMBER HIKES

DATE	TRAIL	DIFFICULTY LEVEL
September 5	Muchyedo Banks Trail	Saturday
September 7	Forest Bathing	
September 9	West Rattlesnake Hill	Adventure
September 16	Windham and Derry Rail Trails	Bike
September 19	Sewalls Falls	Saturday
September 23	Pulpit Rock	Adventure

AUGUST HIKE RECAPS

Sanborn Mills



Eight intrepid hikers ventured to Sanborn Mills Farm with high humidity and heat to hike a newly made 1.4-mile trail along Sanborn Pond through a 150+ year old hemlock forest. Our hike was led by Craig, an employee at the farm and a long-time hiking friend of HHH who pointed out areas of interest along the way. – Don Hayes



Oak Hill

On August 12, a small but energetic group climbed Oak Hill in nearby Loudon. We decided to take a new route up the mountain, following the Knowlton, Dancing Bear, and Krupa Trails. The forest was beautiful, there were almost no bugs, and the view off toward Mount Kearsarge was very rewarding. – Hal Carter



Blackwater River Trail

August 15th was a perfect day for the HHH hikers to hit the Blackwater River Trail. Led by George Embley who lives nearby and is also a HHH resident, we started at the Blackwater Dam and followed a flat forested trail along the river for about a mile. Our destination point was the former center of the village of Webster which was destroyed by the floods of 1936 and 1938.

Many homes were lost but some were moved “up the hill” including the original Town Meetinghouse which is still standing in the “new” village. There were originally 7 bridges which spanned the river and we walked to the embankment of one of those. Returning to the dam, all agreed this was a great new hike and are most grateful to George for sharing it with us. – Nance Ruhm

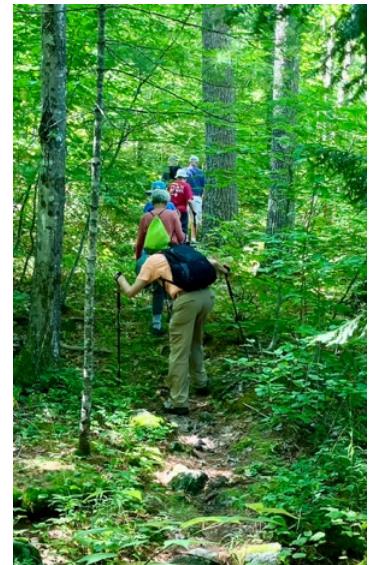
Morrill Pond and Spender Pond Trail

Seven Residents hiked. We started at the Fish and Game orange gate on Morrill Rd, and walking along the east side of Morrill Pond, crossing a high, narrow bridge to continue along the west side of Spender Meadow Pond. We returned via the same trails. Three of us returned back to the Fish and Game gates, where we had parked. We all walked



Coral Mushroom

approximately two miles along roots and stony trails. The ponds appeared shallow and full of water lilies and other grasses, but the woods were beautiful. An old beaver dam still exists between Morrill Pond and Spender Meadow Pond. Four us continued walking other trails. We started from the bridge between the two ponds and walking west, we were looking for the trails that connect to the Schoodac trails, and the Schoodac Wetlands. We were unsuccessful and after walking a total distance of 3 miles, between the two walks, we turned back to the cars. – Valnere McLean



Nature Hike

The Hiking Club’s first “Nature Walk” was led by Wayne and Peggy Martin on August 22. Twenty-three Residents attended. We chose the All Persons Trail located within the



Forest Society, and we walked down to the Merrimack River. The nature topic chosen was to identify trees. Wayne provided a list of the common Northern Hardwood forest trees, the Central Hardwood forest trees, also known as the Oak-History forest type, and the Riverine System that prefer wet habitats, such as was available this day on the All Persons Trail. Several of the residents attending were well informed, too, leading to interesting questions and discussions. The duration of the walk was approximately one to one and a half hours. - Valnere McLean

[More Photos from the Nature Hike can be found on the HHH Resident Portal version of this Newsletter and on the electronic version.]

More Photos from the Nature Hike



